

Unit 1 Understanding Concept of Personality Development

Read words or terms and match them with the correct descriptions.

Words	Descriptions
1. Greek play	a) A particular type of behavior.
2. Mask	b) Oral, anal, phallic, latency, genital.
3. Sigmund Freud	c) Personality is controlled by unconscious forces.
4. Id	d) Deviancy and sexual dysfunction.
5. Ego	e) They are calm and passive.
6. Superego	f) Instinct and pleasure principle.
7. Five psychosexual stage	g) They are pessimistic and moody.
8. Disorder on Phallic stage	h) Reason and reality principle.
9. Basic physical requirements	i) They are responsive and lively.
10. Self-actualization	j) It is moral about what represents right and wrong.
11. Stable introverted persons	k) They are impulsive and excitable.
12. Unstable introverted persons	l) An actor can take multiple roles.
13. Stable extroverted persons	m) It comes from the word "Persona".
14. Unstable extroverted persons	n) Food, water, sex, sleep, home
15. Trait	o) Respect, success, achievement

Unit 2 Appearance and Personality

Select adjectives from the box and place them in the right group of positive adjective or negative adjectives. Then find the meaning of each adjective.

Ambitious	Impatient	Frustrated
Practical	Scruffy	Sincere
Disorganized	Charming	Sympathetic
Enthusiastic	Faithful	Pessimistic

Positive adjective	Meaning
1.	
2.	
3.	
4.	
5.	
6.	

Negative adjective	Meaning
1.	
2.	
3.	
4.	
5.	
6.	

Unit 3 Mindset

Complete these growth mindset statements by words in the box.

challenging	mistake	try	imagination
effort	succeed	train	creative
practice	feedback	difficulties	
yet	improve	constructive	

1. I am not good at this, _____ I will learn.
2. I _____ and learn how to solve complex problems.
3. This will require _____ and finding new strategies.
4. How can I make my project more _____?
5. When I make a _____, I will learn from it and get better.
6. I will _____ if I put effort and find a better strategy.
7. I need some _____ and help from lecturers.
8. Is it my best work? Can I _____ it?
9. If I fail, I can _____ again until I succeed.
10. I am going to _____ myself to be a good leader.
11. You shared the _____ you are having and accepted _____ advice.
12. Try to encourage students to use _____ because they will come up with a _____ idea.